

Most users can expect to feel lighter and experience a greater feeling of wellbeing following each Ion Spa session. Increased vitality, improved sleep, rejuvenated skin condition, pain and stress relief, and symptomatic relief from painful, swollen or degenerating joints has also been reported. Though neither serious or persistent tingling or tightening sensations in various parts of the body, discomfort in unhealthy areas of the body, or slight shortness of breath has also been reported at the conclusion of a session by various Ion Spa users. Several people have reported a 'diaper rash' like condition on their feet after sessions. This will subside after a few sessions. It is caused by toxins being removed from the body.

### Is this for Everyone?

This detox foot spa should not be used by individuals who are epileptic or hemophiliac, or those with a pacemaker, implanted organs or on blood thinners. It should also not be used by children under age 4, or during pregnancy or lactation. Always consult with your professional Health Care provider before beginning any health regimen.

**Ion Treatments Have Benefited Europeans for over 30 years. Many say that there has never been a significant "negative," side effect reported in the last 30 years," world wide," as a result of Ion Treatments!**

**Detox Yourself for health!**

**Restore Your  
Health and Vitality...  
Naturally!**



**ionSpa**

For more information on this and other natural healing methods visit us at [www.reginaonline.net](http://www.reginaonline.net)

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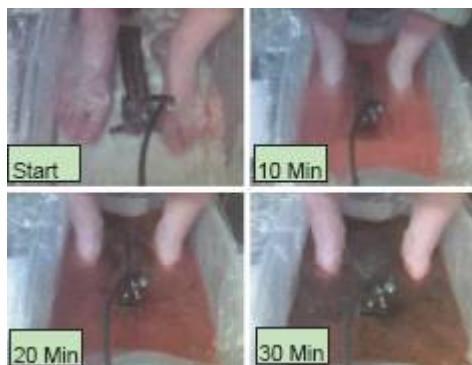
**ionSpa**  
Footbath

# Restore Your Health And Vitality... Naturally!

## Why use the Ion Spa?

Because of poor diet and stress, we tend to accumulate and store excessive quantities of waste products. The Ion Spa footbath creates a similar environment as a walk along the beach, only more powerful, because your feet are in direct contact with the ions being made in the water. Neutralized particles are pulled out of the body through the skin via osmosis. Color changes in the water are some of the indicators that toxins are being removed from the body.

The particles, fat and mucous residues found in the water after bathing reflect the wastes that have left the body during the 30 minute session. The Ion Spa footbath session will support any cleansing modality and may even reduce the discomfort associated with rapid detoxification. Repeated sessions improve the results.



## How the Ion Spa works

An ion is a charged atom that has gained or lost an electron, thus creating a magnetic field capable of neutralizing oppositely-charged particles (toxins in the human body). The Ion Spa's control head delivers an electrical current through the ionizer® array to generate positively charged ions. These ions travel through the body and attach themselves to toxic substances, thereby neutralizing these toxins' negative charges. After being neutralized, toxin particles are pulled through the skin and out of the body via osmosis, attracted by the highly concentrated ion field in the Ion Spa water.



This is a picture of blood cells in an individual before using an Ion detoxification system.



This is a picture of blood cells in an individual after using an Ion detoxification system.

When the Ion Spa is set, the positive ions are being produced in the water, which raises the users PH to a more alkaline state. Why is this significant? The vast majority of people in North America live in an acidic state—their bodies contain an excess of hydrogen ions and their

PH is lower than 7.45. Such persons greatly benefit from exposure to high concentrations of positively charged ions, bringing back their bodies into a more balanced acid alkaline state.

## What to expect from a session

The human body is electric because our cells are electric. Disorders and diseases of the body have vibrational frequencies that are incompatible with healthy cells; thus, they disrupt the cells' natural oscillation and polarity. This disruption creates imbalance and chaos within each affected cell. When cells are in an imbalanced state, they are unable to facilitate the body's functions needed for healing, including ridding itself of heavy metals, parasites and other toxins. But when cells are fully charged, they have more oxygen and are able to experience electrical balance, which results in a feeling of a healthy attitude, vitality, well-being, and enables the body to heal itself. This balance increases our sense of awareness and our sense of the mind/body/spirit connection. Darkfield studies have shown the machine significantly improves oxygen levels.

